

# Fixation for Cryosectioning Protocol

This is a suggested procedure, please adjust according to your experimental needs. This protocol has been validated for alginate and nanofibrillated cellulose based bioinks.

## Protocol aim

The aim of this protocol is to provide instructions for fixation for cell-laden 3D bioprinted constructs for cryo-sectioning.

## Materials needed

- Cell laden 3D bioprinted constructs
- Formaldehyde solution (PFA) 36.5–38% from Merck, SKU: F8775-25ML
- Crosslinking Agent (for alginate containing bioinks)
- 30% Sucrose in PBS
- Hank's Balanced Salt Solution (HBSS+/-)
- Phosphate-Buffered Saline (PBS)
- OCT
- Embedding cassettes

# Protocol

This protocol can be performed non-sterile, note that all handling and use of PFA must be done inside a fume hood with proper PPE and waste deposit according to local regulations.

## 1. Preparation of 4% PFA

### MATERIAL

PFA 36.5-38%

Crosslinking Agent

### DESCRIPTION

- For alginate containing bioinks, the 36.5-38% PFA can be diluted in Crosslinking Agent with 50 mM CaCl<sub>2</sub>, to minimize the risk of the construct dissolving in the PFA. If not using alginate containing bioinks, dilute the PFA with PBS.
  - For suggested PFA, which is 36.5-38%, mix 1.1 mL of PFA with 8.9 mL PBS or 50 mM Crosslinking Agent to receive 10 mL 4% final PFA concentration.

## 2. Pre-wash

### MATERIAL

HBSS+/-

### DESCRIPTION

- Wash cell laden 3D bioprinted constructs 2 x 10 min in HBSS+/- at 37°C.

## 3. Fixation

### MATERIAL

4% PFA

Pre-washed, cell laden constructs

### DESCRIPTION

- Submerge the 3D bioprinted samples in the 4% PFA and fix the constructs for 2-24 h at room temperature. Alternatively fix the samples 1-2 hr in RT, transfer samples to 4°C and continue the fixation for 24-48 hr.

Note: Adjust the time according to experimental needs.

## 4. Washing

### MATERIAL

HBSS+/-

### DESCRIPTION

- Wash the constructs 2 x 10 min with HBSS+/- at room temperature.
- Add enough HBSS+/- to completely cover the constructs. Seal the vessel with parafilm and incubate at 4°C for 45 min.

## 5. Sucrose treatment

### MATERIAL

30% Sucrose in PBS

### DESCRIPTION

- Add enough 30% sucrose in PBS to completely cover the constructs. Incubate at room temperature for 45 min.

## 6. Preparation of embedding cassettes

### MATERIAL

OCT

Embedding cassettes

### DESCRIPTION

- Add OCT to the embedding cassettes and transfer the fixed and sucrose treated constructs into the cassettes. Ensure that the constructs are covered by OCT.

## 7. Storage

### MATERIAL

-80°C freezer

### DESCRIPTION

- Store at -80°C until sectioning.