

Bioprinting Protocol

CELLINK LAMININK

This is a suggested procedure, please adjust according to your experimental needs. To maintain the sterility of the product work under sterile conditions.

Protocol aim

The aim of this protocol is to provide instructions for bioprinting with the CELLINK® LAMININK Series using the INKREDIBLE, INKREDIBLE+, BIO X or BIO X6, and covers steps from pre-print mixing with cells, 3D bioprinting and post-print processes of ionic crosslinking. The CELLINK LAMININK Series includes CELLINK LAMININK 111, CELLINK LAMININK 121, CELLINK LAMININK 411, CELLINK LAMININK 521 and CELLINK LAMININK+. This protocol was optimized for CELLINK LAMININK, undiluted as well as using a 10+1 cell suspension dilution. Changing the parameters in the protocol might change the crosslinking time required. This protocol was optimized using the pneumatic printhead using the BIO X.

Material needed

- CELLINK LAMININK*
- Clear cartridges, 3cc*
- Sterile Conical Bioprinting nozzles*
- BIO X*, BIO X6* or INKREDIBLE-series* 3D Bioprinter
- Well plate or Petri dish
- Crosslinking agent (included with the bioink purchase)
- Cells + cell culture medium
- 3 mL syringes with Luer lock connections
- Female/female Luer lock adaptor*
- or
- CELLMIXER*

*The product can be purchased in the CELLINK store at www.cellink.com/store/.

Protocol

This protocol can be performed with printheads and print bed at room temperature, where room temperature is between 20-25°C.

Step	Title	Material	Description
1	Prepare bioink	- CELLINK LAMININK	If not printing with cells move directly to step 3. - Warm up CELLINK LAMININK to room temperature.
2	Mix CELLINK LAMININK with cells	- 3 mL syringes with Luer lock connections - Prewarmed CELLINK LAMININK - Female/female Luer lock adaptor - Cell suspension in syringe	At this point, mix ten parts of bioink with one part cell suspension, taking care not to introduce air bubbles to the mixture. For detailed instructions see the <i>Mixing Cells Protocol CELLINK Series</i> . - Transfer the cell suspension to the 1 mL cell syringe (PART 1) using a female/female Luer lock adaptor. - Transfer the bioink to the 12 mL syringe (PART 2) using a female/female Luer lock adaptor. - Clip both syringes to the Dispensing unit (PART 3). - Connect the two syringes to the Mixing unit (PART 4), then connect the Empty cartridge (PART 5) to the Mixing units other side. - Apply gentle pressure onto the Dispensing unit to mix the content of both syringes into the empty cartridge. Note: To avoid an air gap when mixing the bioink and the cell suspension, carefully pre-fill the Luer lock adaptor with CELLINK LAMININK before attaching the syringe with the cell suspension. If preparing for quantities < 2 mL of CELLINK LAMININK, it is recommended to connect two 3 mL Luer lock syringes and mix back and forth between the syringes until homogeneous.
3	Load the cartridge	- Clear cartridges, 3cc loaded with CELLINK LAMININK (and cells) - Sterile Conical Bioprinting nozzles.	- Place the room tempered CELLINK LAMININK in the printhead and cap with a printing nozzle of choice. Note: The recommended nozzle size is 22G. Decrease the nozzle diameter to achieve smaller filament diameter, however this also increase the risk of the bioink clogging.
4	Printing	- Bioprinter (BIO X, BIO X6 or INKREDIBLE)	- Bioprint structures with parameters according to Table 1. If printability is not as desired, adjust the

	series recommended) - Well plate or Petri dish	pressure up/down by 1 kPa to extrude more/less material. Note: If waiting too long between extrusions the bioink can dry in the nozzle causing it to clog. If this occurs, replace with new nozzle.
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Table 1. Recommended minimal extrusion pressure** (± 2 kPa) used for printing continuous filaments at 21-25°C ^{with cells}/_{without cells}. Again, ‘with cells’ assumes a mixture of one part cell suspension to ten parts bioink. For highly concentrated cell suspensions, the pressure needs to be increased towards the pressure used for undiluted bioink.

Printing speed (mm/s) → Nozzle size (G) ↓	5	10	15	20
22	6 / 11	7 / 12	8 / 13	9 / 14
25	8 / 13	10 / 14	12 / 15	14 / 16
27	12 / 14	14 / 15	16 / 16	16 / 17

***This is only a recommended reference of starting pressures. The actual pressure needed will vary depending on the preparation procedures (amount of bioink and actual temperature of the bioink) as well as the fitting of the piston in the cartridge and the leveling of the print surface. This table was generated with a printhead temperature at 22°C with/without a bioink dilution with a low concentration of cells.*

Step	Title	Material	Description
5	Crosslinking	- Crosslinking solution - Cell culture medium	CELLINK LAMININK can be crosslinked with ions using the CaCl ₂ -containing Crosslinking Agent. - Submerge the cell-laden constructs in the crosslinking solution for 30 s to 5 min depending on construct size. Remove crosslinking solution and rinse constructs with basal culture media once.
6	Incubation	- Cell culture medium	- After crosslinking and washing, add the desired medium to the constructs and place in incubator. - Incubate the constructs in cell culture medium in standard culture conditions (37°C, 5% CO ₂ and 95% relative humidity) or according to your application.